

# H E A L T H K I C K

# Wellness for everybody.



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# **Digital Wallet**



# LSA (Lifestyle Spend Account) 101

### What are LSAs?

• LSAs are customizable spend accounts for discretionary spend (typically wellness and lifestyle)

### How do LSAs differ from HSAs and FSAs?

 In contrast to HSAs and FSAs which both have strict spend criteria LSAs have no restrictions on what they can be used for (caretaking, sports, tuition, travel, continuing ed)

### What is the benefit of an LSA?

• LSAs offer maximum flexibility to design customized programs, because employers can determine what qualifies for eligible spend for the organization or even different populations/groups.

# LSA setup options

### Wellness stipend / subsidy

• Upfront annual or monthly stipend to use toward eligible wellness expenses (as defined by the company)

### **Incentive / reward fulfillment**

- Convert Personify points to LSA dollars for maximum spend flexibility
- Award dollars for participation in challenges, webinars, etc
- Employee recognition (work anniversaries, performance incentives, etc)



# **Digital Wallet**

2%

## **Key Benefits of LSAs**

**FLEXIBILITY** 

**ENGAGEMENT** 

**LOW ADMIN** 

**BENEFITS EQUITY** 

DATA

Employees can use wellness dollars for their unique needs

Higher employee participation and engagement in services

Zero administrative lift & streamlined tax reporting

Insight into employee wellness behavior & trends

For diverse, global, multigenerational workforces



Employees ranked a

wellness stipend as one

# **Digital Wallet Use Cases**

### Multi-generational workforce:

 Flexibly offer employees at different life stages access to the benefits most relevant to their lifestyle

### **Distinct employee populations:**

Meet the diverse needs of distinct employee groups (i.e corporate, retail, manufacturing, field, fulfillment)

### Geographically dispersed workforce:

• Equitable offering for employees in all geographic locations

### **Coverage gaps / benefits supplement:**

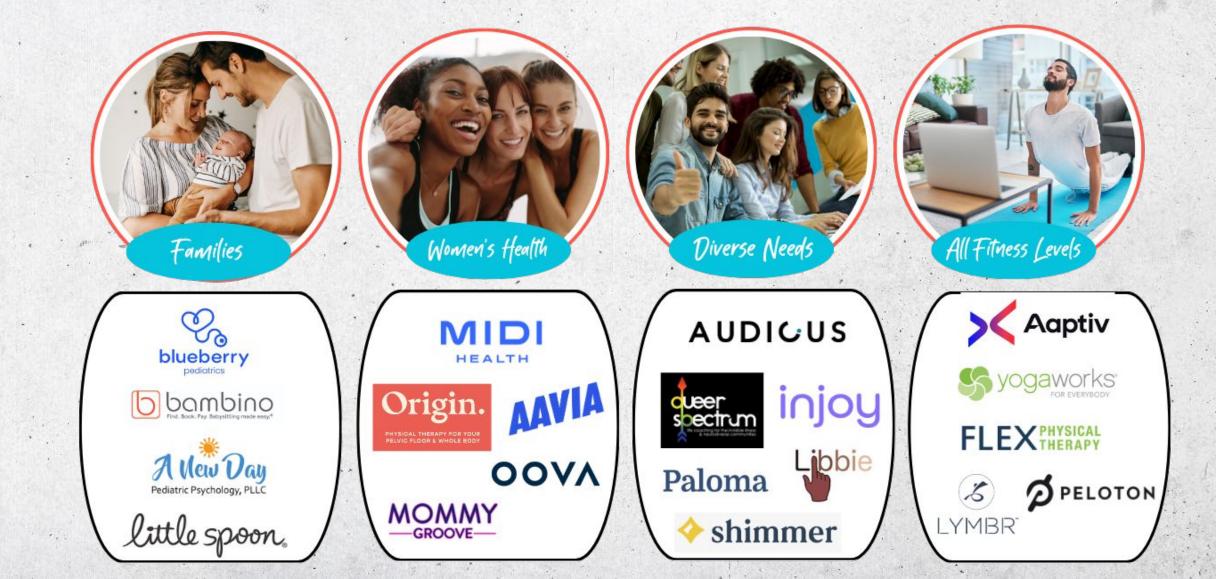
• Supplement core benefits for specific needs (i.e. caretaking)

### **Benefits flexibility for today's workforce**



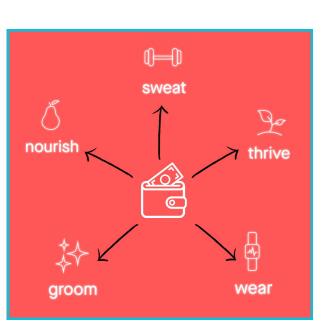
## Flexibility for employees' unique lifestyle needs

With 250+ benefit partners, all employees can find flexible options for their unique lifestyle



## One card, all the benefits

**Simplify** benefits management with HealthKick's **versatile** digital wallet options



**Access all HK partners** 

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### **Multiple wallets** B&RRY'S $\mathbf{O}$ Fitness \$100 classpass corepower HELLO \$100 Meals instacart - DAILY -HARVEST Mental talkspace \$150 Calm health Insight Timer OOVA AAVIA Women's \$150 health SimpliFed





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### **Universal Wellness Usage**



# **Client Use Cases**

HealthKick's **digital wallet** offers a **flexible solution** to fund employee wellness in a variety of ways



# Gainsight

Turner & Townsend

ΑΞϹΟΜ

snyk

Annual upfront stipend for eligible health & wellness expenditures

Monthly use it or lose it stipend

Annual mental health stipend Incentive fulfillment for healthy behaviors

Annual wellness reimbursement for global population



# **Client use case #1**

### **SITUATION**

# **Mental health**

The company subsidized employee access to a mindfulness app as a benefit



**THE RESULT** 

**InsightTimer** 

Avg employee

participation rate

70%





Equitable mental health support options for unique needs and lifestyles with same company financial commitment

# **Client use case #2**

### SITUATION

**PROBLEM** 

# Fitness

The company subsidized employee access to multi-studio gym membership

Employees who used it loved it, but overall usage was too low to continue to sponsor this benefit

Employees can use fitness services of choice with the same \$\$ subsidy amount

**THE RESULT** 

**SOLUTION** 

# classpass

# Syogaworks DPELOTON BARRY'S

**70%** Avg employee participation rate

Equitable options for all fitness levels, locations and lifestyles with same company financial commitment

SOULCYCLE



## Personify Health Complete Wellbeing





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# **Services Overview**

### Wellness marketplace

• Network of over 250 health, fitness & wellness brands

### **Engagement Suite**

• On-demand library of fitness & mindfulness classes and expert-led wellness webinars with live monthly sessions

### **Digital Wallet**

 Customizable spend accounts (LSAs) for wellness stipends, reimbursements & incentive fulfillment

### Wellness for *every* body.



## **HealthKick Account Access**

### **Enrollment open to all employees**

• HealthKick access offered to all employees to enroll (participation based)

### Access when users reach min point level

• "Unlock" HealthKick access once users achieve a point minimum (*without funding*)

### Access when users have points to redeem

• Users get HealthKick access once they have points to convert to LSA dollars



# HealthKick <> Personify Synergies

### **Integration benefits**

- HealthKick access can be "unlocked" at a minimum point level in the Personify platform
- Employees can use HealthKick services: on-demand content, live classes, marketplace to engage in healthy behaviors and earn points
- Eligibility files sent through Personify integration for administrative ease
- Seamless conversion of points to LSA dollars through Personify integration
- Predictive analytics on future health claims: actionable LSA usage data insights on wellness behaviors by employee population, geography, etc providing insight to future claims



# Wellness Marketplace & Programming

### Wellness marketplace

- Network of over 250 health, fitness & wellness brands
- Fully customizable to remove or add existing corporate partners
- Included meditation app, fitness classes, wellness coaching

### **Engagement Suite**

- On-demand classes (fitness, mindfulness, wellness webinars)
- Live themed wellbeing webinars and classes led by wellness experts
- Wellness content & resources

### Find your feel-good.



# **Included Member Benefits**

Employees can engage in healthy behaviors using included wellness services:

On-Demand Content Library From yoga with Y7 and dance with 305, to stretch with LYMBR and sound bath meditations, employees can enjoy hundreds of classes taught by top instructors and wellbeing experts.

Monthly Live Webinars

From a pantry edit nutrition session to workshops on summer skin health, financial planning and emotional resilience, these fun and interactive monthly webinars bring live fresh content to employees.

Unlimited Access to a Mindfulness App The Insight Timer app includes over 70,000 completely free guided meditations and music tracks covering an array of topics and issues, from anxiety and stress to sleep.

Complimentary Wellness Coaching Sessions

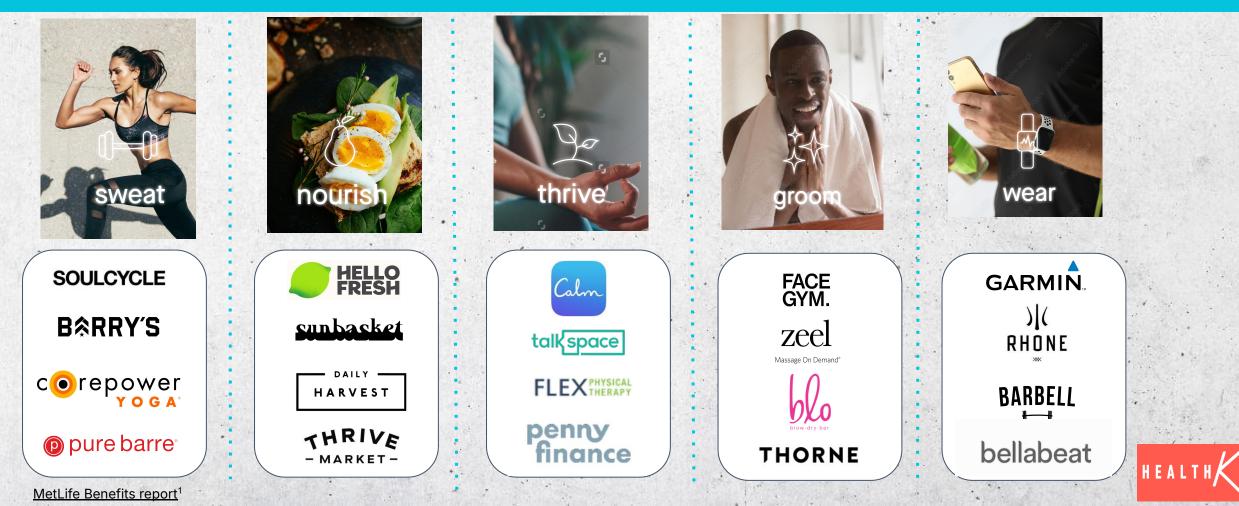
Ten (10) total sessions across Wellness, Nutrition, Financial Planning, Parenting, and Life Coaching



# **Wellness Marketplace**

**60%** Employees seek a wider mix of non-medical benefits that they can purchase on their own<sup>1</sup>

Employees can access exclusive rates for a curated network of **250+** leading consumer health, fitness & wellness brands across whole-person wellbeing personalized to their unique lifestyle.



# Engagement suite

From live and on-demand classes to challenges, employees stay continually engaged with new programming & content



### Wellness programming

# Classes For Mind and Body >>>

Fitness, mindfulness and stretch classes from 5 to 60 minutes led by HealthKick's partner network.









Breathe Your Way to Calm & Peace

Bootcamp Class

Stretch Session

305 Dance Cardio Class

Wellbeing Webinars >>>>

A broad range of topics from sleep health to financial planning, resilience, parenting, and more.









Financial Goal Setting + Planning



Effective Goal Setting Webinar - Create a Fresh

# **Current Personify <> HK Incentive Rewards**

Reward Types	Frequency	Point Value	Reward Name	Reward Trigger Description
<b>Connect to partner</b> Connecting from Virgin Pulse to Partner.	One time	250	Connect to HealthKick	Member creates an account with HealthKick.
<b>Complete Profile assessment</b> Member completes their profile questions to present them with the relevant classes and resources for them	One time	100	Complete profile	Member completes their 10 question HealthKick profile setup
<b>Sign up for a class, workout, training</b> Classes, workouts, and trainings engage users and help them progress toward their goals	Weekly, Monthly	20	Sign-up	Member signs up for a class or service on HealthKick
<b>Meet with a health coach</b> Advisor/coach meetings are used to create human connection, track progress, and maintain accountability	Monthly, Quarterly	100	Book coaching	Member books a wellness coaching session

# **Our Clients**

### Leading companies use HealthKick

We work with hundreds of companies globally across all industries



